

GG0130F. Upper Body Dressing

F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.

Assessment Timepoints

SOC/ROC:

- SOC/ROC performance.
- Discharge goal.

Discharge:

- Discharge performance.

Upper Body Dressing Inclusions for Coding

Included:

- Clothing the patient routinely wears.
- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown, and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Permanently modified clothing selection/style.
- Management of buttons and/or fasteners.

Coding Tips

Upper body dressing identifies the patient's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

Activity Performance Codes

- 06 – Independent.
- 05 – Setup or clean-up assistance.
- 04 – Supervision or touching assistance.
- 03 – Partial/moderate assistance.
- 02 – Substantial/maximal assistance.
- 01 – Dependent.

Coding Scenarios

Each row in the table below describes an upper body dressing scenario. In each scenario, statements 2 and 4 identify key elements that inform the coding of **GG0130F. Upper body dressing**. The correct code is provided at the end of each scenario.

Coding Scenarios for GG0130F. Upper Body Dressing

	Statement 1	Statement 2	Statement 3	Statement 4	Code
Scenario 1	Patient B. has right-sided upper extremity weakness due to a stroke.	Due to that weakness, Patient B. is unable to retrieve their clothing, so the helper hands it to them. Patient B. proceeds to put on their bra and top without any further assistance.	The helper assists Patient B. to put on their socks and shoes.	At night, Patient B. removes the top and bra independently. However, they fatigue, and the helper must put the clothing away.	Code 05
Scenario 2	Patient H. has COPD and osteoarthritis in both shoulders. They prefer to dress in multiple layers. Patient H. lives with their spouse, Diane.	Patient H. is able to put on their undershirt and T-shirt. They require Diane to hold their sweater while they insert their arms into the sleeves, due to pain and dyspnea.	Diane reports that it takes over 40 minutes for Patient H. to dress their upper body.	Patient H. occasionally requires steadying assistance from Diane to undress.	Code 04
Scenario 3	Patient Z. has ataxia, making it difficult to move their arms. They wear a bra and sweatshirt on most days.	When dressing, the helper, Joan, assists Patient Z. with threading their arms into the bra and hooking the bra clasps. Patient Z. independently adjusts the bra and puts on the sweatshirt.	Joan hands Patient Z. a hairbrush so that they can brush their own hair.	When undressing, Patient Z. requires Joan's assistance with removing one sleeve of the sweatshirt and unclasping the bra.	Code 03

Additional Clinical Considerations

- Assess the patient's ability to put on and take off whatever clothing is routinely worn. If a patient modifies the clothing they wear due to a physical impairment, the modified clothing selection will be considered routine if there is no reasonable expectation that the patient could return to their previous style of dressing.
- The activity may be completed with or without the use of assistive device(s).
- If the patient dresses themselves and the ONLY assistance required from a helper is to retrieve or put away the patient's clothing before or after the activity, code **05, Setup or clean-up assistance**.
- Coding of the dressing activities should consider relevant dressing items regardless of the *timing* of when each item is put on/taken off.
- If a patient dresses themselves except for donning an elastic support bandage, because it is to be put on later in the day or because assistance is needed to put on the support, code lower body dressing based on the type and amount of assistance needed to put on/take off all items relevant to the patient, including the elastic support bandage.