

## GG0130E. Shower/Bathe Self

**E. Shower/bathe self:** The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.

### Assessment Timepoints

#### SOC/ROC:

- SOC/ROC performance.
- Discharge goal.

#### Discharge:

- Discharge performance.



### Shower/Bathe Self Inclusions and Exclusions for Coding

#### Included:

- Washing, rinsing, and drying the patient's:
  - Face.
  - Upper and lower body.
  - Perineal area.
  - Feet.

#### Excluded:

- Washing, rinsing, and drying the patient's back or hair.
- Transferring in/out of tub or shower.

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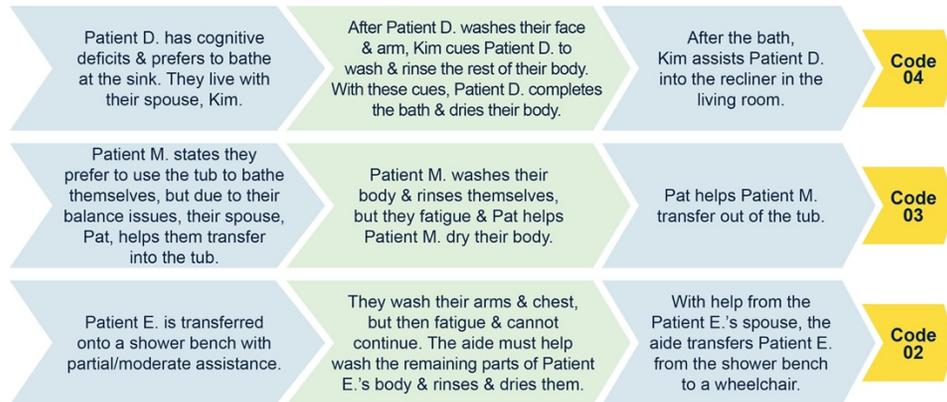
## Coding Tips

The assessment of shower/bathe self can take place in a shower, bath, at a sink, or in bed (i.e., full-body sponge bath). The activity can be completed independently with or without the use of devices.

### Activity Performance Codes and Examples

06 – Independent	03 – Partial/moderate assistance
05 – Setup or clean-up assistance	02 – Substantial/maximal assistance
04 – Supervision or touching assistance	01 – Dependent

Each series of arrows below describes a shower/bathing scenario. The green arrows in the second column identify key elements of each scenario that inform the coding of **GG0130E. Shower/bathe self**.



### Additional Clinical Considerations

- Use clinical judgment to determine whether simulating the shower/bath allows the clinician to adequately assess the patient's ability to complete the activity of **GG0130E. Shower/bathe self**.
- Assistance for covering wounds or devices for water protection during bathing would be considered part of the setup or clean-up processes, assuming that no assistance with the water protection device/strategy was needed during the bathing process.

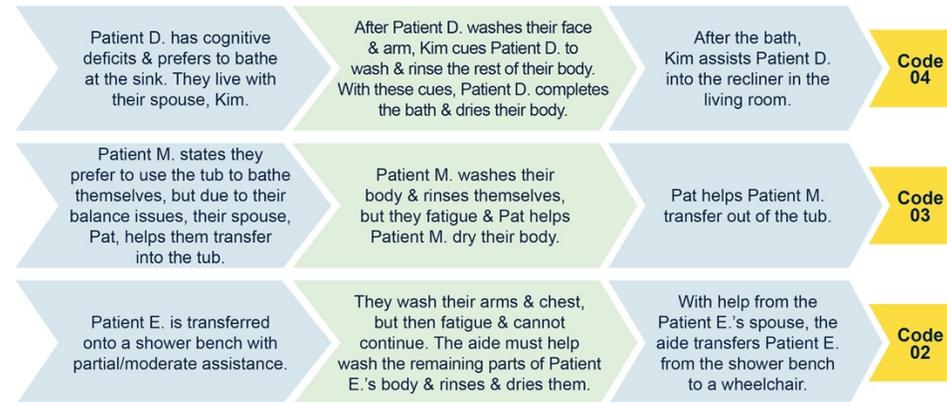
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